** Jellyfish – PE – Team Building**

***Key Skills:***

Physical:

* Travelling action, jumping, balancing.

Social:

* Communication, listening, leading, inclusion

Emotional:

* Honesty, fair play, trust, acceptance

Thinking:

* Planning, decision making, problem solving.

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| ***Words to know and spell (Tier 2 Vocabulary)*** | | |
| Solve | Support | Map |
| Direction | Share | Plan |

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| ***Words to understand and spell (Tier 3 Vocabulary)*** | |
| **Co-operation** | Working together to achieve the same goal. |
| **Successful** | Achieving an aim or goal. |
| **Communicate** | Share and exchange information and ideas. |
| **Navigate** | Plan and direct the course of another person or vehicle. |

***Key skills to do:***

* Begin to plan, and with some success, apply strategies to overcome a challenge.
* Understand how to use, follow and create a simple diagram or map.
* Work cooperatively with a partner or small group.
* Verbalise when they were successful and areas that they could improve.

***Concept check questions. Test yourself:***

Why is it important to follow instructions?

How were you successful? What would you change next time?

How do you use this map?

What skills do you need to work well as part of a team?

How do you communicate clearly?

**Year 1 – PE – Autumn 1 – Heyford Park School**