** Flamingos – PE – Ball Skills**

***Key Skills:***

Physical:

* Rolling, kicking, throwing, catching, bouncing, dribbling.

Social:

* Communication, cooperation, leadership, supporting others

Emotional:

* Honesty, perseverance, challenging myself

Thinking:

* Using tactics, exploring actions.

|  |
| --- |
| ***Words to know and spell (Tier 2 Vocabulary)*** |
| Throw | Target | Roll |
| Catch | Underarm | Overarm |
| Collect | Distance  | Dribble |

|  |
| --- |
| ***Words to understand and spell (Tier 3 Vocabulary)*** |

***Key skills to do:***

* Roll, throw and kick a ball to hit a target.
* Develop catching a range of objects with two hands.
* Catch with and without a bounce.
* Consistently track and collect a ball being sent directly.
* Dribble a ball with hands and feet with some control.

***Concept check questions. Test yourself:***

What is the best way to try and hit a target?

How do I dribble a ball with my hands?

How do I communicate well with my partner?

How do you show good sportsmanship?

What happens to my body when I exercise?