



Tigers – PE – Dance

Key Skills:

Physical:

- Travel, using shape, balance, copying and performing

Social:

- Co-ordination, co-operation, respect, coming to decision with a partner

Emotional:

- Confidence, acceptance

Thinking:

- Counting, observing and providing feedback, selecting and applying actions.

Key skills to do:

- Copy, remember and repeat actions to represent a theme.
- Explore creating their own actions in relation to a theme.
- Explore varying speeds to represent an idea.
- Explore pathways within their performances.
- Begin to explore actions and pathways with a partner.
- Begin to use counts within their performance.
- Begin to use different parts of the body in isolation and together.

Words to know and spell (Tier 2 Vocabulary)

Travel	Move	Slow
Fast	Speed	Forwards
Backwards	Shape	Group



Words to understand and spell (Tier 3 Vocabulary)

Counts	A performer counts to stay in time with the music and /or other performers.
Action	The movement a dancer does (e.g. travel, jump, kick)
Pose	A held way of sitting or standing.
Direction	The course which someone or something moves.
Level	High, medium or low.
Pathway	Designs traced in space (on the floor or in the air).

Concept check questions. Test yourself:

How do you move safely around the space?

Why is counting important in dance?

How could you dance to show different feelings? Why are you making these choices?

Watch someone else's performance. What do you like about it?