** Tigers – PE – Invasion Games**

***Key Skills:***

Physical:

* Throwing, catching, kicking, dribbling (with hands and feet), dodging, finding space.

Social:

* Co-operation, communication, supporting and encouraging others, respect, kindness

Emotional:

* Honesty, fair play, managing emotions.

Thinking:

* Connecting information, decision making, recalling information.

|  |  |  |
| --- | --- | --- |
| ***Words to know and spell (Tier 2 Vocabulary)*** | | |
| Safe | Pass | Jog |
| Space | Points | Score |
| Team | Goal |  |

|  |  |
| --- | --- |
| ***Words to understand and spell (Tier 3 Vocabulary)*** | |
| **Defender** | A player whose task is protect their own side’s goal. |
| **Dribbling** | Move the ball with slight touches. |
| **Attacker** | A player whose task is to try and score or move the ball towards the goal. |
| **Marking** | When a player defends an opponent. |
| **Possession** | When a team has the ball they are in possession. |

***Concept check questions. Test yourself:***

How do you dribble the ball with your hands?

How do you dribble the ball with your feet?

Why is it important to find a good space when playing a game?

What is the role of a defender?

What is the role of an attacker?

How can we play this game fairly?

Is it OK to lose the game?

***Key skills to do:***

* Explore sending and receiving with the hands and feet to a partner.
* Explore dribbling with hands and feet.
* Explore changing direction to move away from a partner (attacking)
* Explore tracking and move to stay with a partner (defending).
* Recognise good space when playing games.

**Year 1 – PE – Autumn 1 – Heyford Park School**