



Flamingos – PE – Dance

Key Skills:

Physical:

- Travel, balance, co-ordination, copying and performing actions, using dynamics, pathways, expression and speed.

Social:

- Respect, consideration, sharing ideas, decision making with others.

Emotional:

- Acceptance, confidence.

Thinking:

- Creating, counting, observing and providing feedback.

Key skills to do:

- Accurately remember, repeat and link actions to express an idea.
- Develop an understanding of dynamics.
- Develop the use of pathways and travelling actions to include levels.
- Explore working with a partner using unison, matching and mirroring.
- Develop the use of facial expressions in their performance.

Words to know and spell (Tier 2 Vocabulary)



Counts	Actions	Travel
Shape	Direction	Speed
Level	Space	Balance
Mirror	Timing	Pathway

Words to understand and spell (Tier 3 Vocabulary)

Dynamics	How an action is performed, e.g. quickly, slowly, gently.
Mirroring	Reflecting the movements of another person as if they are a mirror image.
Unison	Move at the same time as another person.

Concept check questions. Test yourself:

Are you proud of your performance?

What might you change about your performance next time?

How can you show a character or an idea through your dance?

How do you stay in time with the music?

What is unison?

What is mirroring?