** Meerkats – PE – Dance**

***Key skills to do:***

* Respond imaginatively to a range of stimuli related to character or narrative.
* Change dynamics confidently with a performance to express changes in character.
* Confidently use changes in level direction and pathway.
* Use action and reaction to represent an idea.
* Perform complex dances that communicate narrative and character well, performing clearly and fluently.

***Key Skills:***

Physical:

* Using cannon, unison, formation, dynamics, pathways, direction.
* Copying and performing control, balance, technique.

Social:

* Supporting others, co-operation, communication, managing games

Emotional:

* Perseverance, honesty, respect, challenging myself

Thinking:

* Decision-making, developing tactics, creativity.

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| ***Words to know and spell (Tier 2 Vocabulary)*** |
| Counts | Space | Action |
| Levels | Timing | Reaction |
| Perform | Pathway |  |

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| ***Words to understand and spell (Tier 3 Vocabulary)*** |
| **Dynamics** | How a movement is performed (e.g. robotic, softly).  |
| **Unison** | Two or more dancers performing the same movement at the same time.  |
| **Expression** | Showing a thought or a feeling.  |
| **Action and Reaction** | One movement has an effect on another movement (i.e. push/pull, forwards/backwards).  |
| **Canon**  | Performing movements one after another.  |
| **Formation**  | Where dancers are in relation to each other.  |

***Concept check questions. Test yourself:***

How can you show a feeling through your dance?

Can you give feedback to another dancer?

How can you keep in time with the music?

**Year 1 – PE – Autumn 1 – Heyford Park School**