

Bumblebees – PE – Dance

Key Skills:

Physical:

• Performing a variety of dance actions, using cannon, unison, formation, dynamics, character, structure, space, emotion, matching, mirroring, transition.

Social:

• Sharing ideas, consideration of others, inclusion, respect, leadership, supporting others

Emotional:

• Empathy, confidence

Thinking:

• Creating, observing and providing feedback, and using it to improve.

Key skills to do:

- Show controlled movements, which express emotion and feeling.
- Explore, improvise and combine movement dynamics to express ideas fluently, effectively on their own, with a partner or in a small group.
- Use a variety of basic compositional principles when creating their own dances.
- Demonstrate a clear understanding of timing in relation to the music and other dancers throughout their performance.

Words to know and spell (Tier 2 Vocabulary)

Structure	Timing	Performance
Contrast	Levels	Actions
Phrase	Expression	

Words to understand and spell (Tier 3 Vocabulary)

Canon	Performing the same movement one after the other.
Unison	Two or more dancers performing the same movement at the same time.
Formation	Where dancers are in relation to one another.
Dynamics	How a movement is performed e.g. robotically or softly.
Posture	The way you hold your body.
Choreograph	Planning the dance moves for a sequence.

Concept check questions. Test yourself:

What is choreography?

Why is it important to warm up before dancing?

How can you show feeling and emotions through dance?

Can you use key words in my feedback to other groups?