



# Year 2 – PSHE KCV – Dreams and Goals



## Key skills to learn:

- How to choose a realistic goal and think about ways to achieve it.
- Identify my successes and achievements and how this feels.
- Ways to persevere even when I find tasks difficult.
- Identify my strengths as a learner.
- Recognise who I work well with and identify why.
- Understand how working with other people can help me to learn.
- To work cooperatively with others to problem solve

## SMSC Links:

*Social – Aware of the effects a balanced diet can have on myself and others around me; enjoy sharing food with others and express how it feels.*

*Moral – Understanding and awareness of healthy lifestyle choices and apply to my own life; increasingly aware of my actions.*

*Spiritual – Become self-aware and manage my feelings appropriately in different situations.*

*Cultural – Understanding and respecting the importance of a healthy lifestyle.*

## Words to know and spell (Tier 2 Vocabulary)

Proud	Success	Achievement
Process	Stepping Stones	Celebrate
Challenge	Obstacle	Overcome
Team Work	Easy	Garden

## Words to understand and spell (Tier 3 Vocabulary)

<b>Realistic</b>	Having or showing a sensible and practical idea of what can be achieved.
<b>Goal</b>	A person's ambition or effort, an aim or desired result.
<b>Difficult</b>	Needing much effort or skill to accomplish, solve a problem/understand.
<b>Partner</b>	A pair of children (a person) working together on something.
<b>Respecting</b>	Admire someone deeply as a result of their abilities or achievements.
<b>Product</b>	A thing or process that is the result of an action or process.
<b>Problem-solve Cooperatively</b>	The process of finding the solution to something tricky. Working with others towards a common goal.
<b>Realistic</b>	Having or showing a sensible and practical idea of what can be achieved.
<b>Goal</b>	A person's ambition or effort, an aim or desired result.
<b>Difficult</b>	Needing much effort or skill to accomplish, solve a problem/understand.

## Concept check questions. Test yourself:

- How did you manage to achieve the success?
- How do you feel when you achieve a goal?
- Is it easier to work towards a goal with someone you get on with well? Why/why not?
- How does it feel to achieve a task together?