** Year 2 – PSHE KCV – Changing Me**

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| ***Words to know and spell (Tier 2 Vocabulary)*** |
| Lifecycle | Anxious/nervous | Coping |
| Male/Boy | Female/Girl | Mature |
| Adulthood | Young | Old |
| Change  | Grow | Baby/toddler |

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| ***Words to understand and spell (Tier 3 Vocabulary)*** |
| **Control**  | The power to influence people’s behaviour and restrain emotions. |
| **Respect**  | Regarding others feelings or feeling admiration for others. |
| **Appearance** | The way that someone or something looks.  |
| **Physical**  | Relating to the body or the senses (not the mind). |
| **Independent** | Free from control, not belonging to anyone. |
| **Freedom**  | Being able to act, speak or think as you wish. |
| **Texture**  | The feel, appearance or consistency of something. |
| **Private** | Belonging to someone, only for own use, not to be revealed.  |
| **Testicles**  | Male reproductive glands enclosed within the scrotum.  |
| **Vagina**  | A passage leading from the uterus to the vulva in a female. |
| **Penis**  | Male genital organ used for urination. |
| **Acceptable**  | Able to be agreed on, pleasing, welcoming or allowed. |
| **Comfortable** | Providing physical ease and relaxation, no stress or tension. |

***Concept check questions. Test yourself:***

How do things around us change?

How do our faces and body change as we grow older?

How will your life change as you grow up?

What are the names of the body parts which make boys and girls different?

***SMSC Links:***

Social – Working as a team to resolve conflict and develop social skills.

Moral – Self-aware and respectful of differences between males and females.

Spiritual – Empathy and perspective on life throughout developmental stages.

Cultural – Celebrate and respect diversity throughout adulthood.

***Key skills to learn:***

* Recognise cycles of life in nature (growing from young to old) and understand there are some changes that are outside my control.
* Explain the physical differences between boys and girls - use the correct names for parts of the body and appreciate that some parts are private.
* Understand there are different types of touch and explain which ones I like and don’t like.
* Confidence to say what I like and don’t like and can ask for help.
* Identify what I am looking forward to when I am in Year 3, changes I will make and know how to go about this.

**Year 2 – PSHE – Summer 2– Heyford Park School**