



Year 3 – PSHE KCV – Dreams and Goals



Key skills to learn:

- *Recognising people who have faced difficult challenges and achieved success.*
- *Identify a dream/ambition that is important and imagine how I will feel when I achieve it.*
- *Know how to break down a goal into a number of steps and how others could help me to achieve it.*
- *Motivation and enthusiasm about achieving new challenges.*
- *Responsibility for my own learning and use of my strengths.*
- *Evaluation of my own learning process and identify how it can be better next time.*

SMSC Links:

Social – Face new learning challenges and work out the best ways to achieve them; cooperating alongside my peers and allowing them to support me.

Moral – Making the right choice, knowing how it feels to work cooperatively and achieve success.

Spiritual – Respect and admire people who overcome obstacles and achieve their dreams and goals, despite disability.

Cultural – Identifying, respecting and celebrating the achievements of others.

Words to know and spell (Tier 2 Vocabulary)

Realistic	Goal	Difficult
Future	Respecting	Product
Problem-solve	Cooperatively	Dreams
Choose	Garden	Responsible

Words to understand and spell (Tier 3 Vocabulary)

Perseverance	Persistence in doing something despite difficulty or delay.
Challenges	A task or situation that tests someone’s abilities.
Success	The accomplishment of an aim or purpose.
Obstacles	Something that prevents or hinders progress.
Admire	Regard with respect or warm approval.
Ambition	A strong desire to do or achieve something.
Enthusiastic	Having or showing intense and eager enjoyment or interest.
Aspirations	A hope or ambition of achieving something.
Enterprise	A project or undertaking of a venture.
Motivates	Inspire and encourage someone to achieve something.
Efficient	Working in a well organised and competent way.
Frustration	Feeling upset/annoyed when unable to achieve something.
Solution	A means of solving a problem or dealing with a situation.

Concept check questions. Test yourself:

- Who do you respect/admire for a challenge they might have overcome?
- How will you achieve your dreams and goals?
- How can your team work more efficiently together?
- Which strengths did you bring to your team’s work?
- Can you identify positive solutions to help overcome obstacles?