



Year 6 – PSHE KCV – Relationships



Key skills to learn:

- Identify and admire the most significant people in my life so far.
- Understand that there are different stages of grief and different types of loss that cause people to grieve.
- Ability to recognise and manage emotions and feelings of loss.
- Recognise when people are trying to gain power or control and demonstrate ways to stand up for myself and others.
- Understand how technology can be used to try to gain power or control; develop and use strategies to prevent this from happening.
- Use technology positively and safely to communicate with my friends and family
- Take responsibility for my own safety and well-being.

SMSC Links:

Social – Motivation to take responsibility for own safety and well-being through the use of technology among the wider community.

Moral – Recognise people in the wrong trying to gain control and power; strategies to stand up for self and offer support to others in these situations.

Spiritual – Perspective on life when someone dies; strategies to manage bereavement and support others to deal with feelings and emotions (grief stages) positively.

Cultural – Understand and accept personal differences when managing fallouts

Words to know and spell (Tier 2 Vocabulary)

Informed	Misusing	Aggressive
Intimidating	Anti-social	Level-headed
Procedure	Recovery position	Safety
Self-respect	Energy	Emergency
Mood	Balanced	Appropriate

Words to understand and spell (Tier 3 Vocabulary)

Significant	Sufficiently great or important, to be worthy of attention.
Relationship	The way in which two or more people are connected - emotionally, blood/ marriage.
Bereavement	Suffering a death or loss in the family, feeling grief/trauma/sorrow/hurt.
Authority	The power or right to give orders, make decisions and enforce obedience.
Assertive	Having or showing a confident and forceful personality.
Bullying	Seek to harm, intimidate or pressure someone intentionally.
Power/control	To direct or influence someone's behaviour to act in a certain way.
Justified	Having a good reason to, show or prove to be right or reasonable.

Concept check questions. Test yourself:

Who is special to you and how do they make you feel inside?
 What strategies can help with sadness or loss? Why might someone want to have power or control over others? What are the right and wrong ways of standing up for yourself or others? How can you keep yourself and others safe?