

Key Knowledge

Why is Shabbat celebrated?	Shabbat is celebrated on the 7 th day of every week (Saturday). Saturday was the seventh day of the week and the day that God rested after creating the world. Jewish people keep celebrate Sabbath because God asked them to keep the Sabbath day holy.
Shabbat candles	It is a Jewish law that no one may light a fire after Shabbat starts. Because of this, someone in every home lights candles just before Shabbat. Candlelight symbolises peace coming into the house as Shabbat starts.
Shabbat day activities	<ul style="list-style-type: none"> • On Friday evening, everyone gathers for a special meal • Everyone puts on their best clothes • Blessings are recited. • No work can be done. Including homework! • Families will visit the Synagogue during Shabbat.
Shabbat meal	Wine (or grape juice) is shared in a Kiddush cup. A sweet bread called Challah bread is eaten.
How does Shabbat end?	Havdalah is the end of Shabbat. A special plaited candle is lit and prayers are read. Special spices are smelt and finally the candle is put out in the wine.

Key Concept Questions:

Why is Shabbat important to Jewish children?

How does it feel to share special food together?

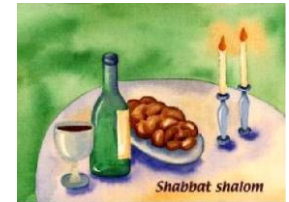
Would a Jewish child go out with their friends on Shabbat?

How is Shabbat celebrated?

Heyford Park School KCV Mat for RE – Year 1 Summer 1

Theme: Shabbat

Key Question: Is Shabbat important for Jewish children?



Key Vocab	Definition
Shabbat	Means rest
Kippah	Skull cap
Synagogue	Jewish place of worship
Havdalah candle	A special plaited candle
Empathy	To understand how someone else is feeling.
Kiddush cup	A special cup used to hold wine for blessing during the Shabbat.
Torah	The Jewish holy book.