



Beliefs and Practices

Key facts to learn:

- There are five pillars of Islam and these are central to Muslim life and worship - Shahadah, Salat, Zakah, Sawm and Hajj
- Muslims believe it is their duty to pray to Allah five times a day to show their belief and be reminded of God so they do not forget about Him
- Muslims believe they can worship God anywhere
- During the month of Ramadan every year, Muslims do not eat or drink at all during the hours of daylight
- Muslims are expected to visit Mecca at least once in their lifetime

Key skills to do:

- Explore how Muslims show commitment to God.
- Identify things I find interesting/puzzling about Islam.
- Express their own understanding of what a religious figure would do in relation to a moral dilemma from the world today

Words to know and spell (Tier 2 Vocabulary)

belief	practice	pray
perseverance	commitment	loyalty
duty	patience	worship
	Behaviour	wisdom

Words to understand and spell (Tier 3 Vocabulary)

Muslim	a person who follow the religion of Islam
Allah	God in the Islamic faith
Mosque	The place where Muslims go to worship
Qur'an	The holy book for Muslims. The word of Allah in Arabic
Ramadan	Month of fasting
Hajj	The pilgrimage to the holy city of Mecca
Pillars of Islam	The five religious acts that are considered compulsory for all Muslims
Mecca	The holiest city of Muslims. Mecca is a city in Saudi Arabia. It was the birth place of Muhammad (PHUH) who is considered to be the messenger of Islam.

Concept check questions. Test yourself:

What is the best way for a Muslim to show commitment to God?
 Would someone still be a good Muslim if he/she did not give any money to charity?
 Is fasting necessary for Muslims to show their commitment to God?