

Why are we learning about the Eightfold path?

We are <u>building on</u> all our previous learning about other world religions to help us with our understanding of Buddhism. We are also building on our learning about the Life of Buddha and Buddha's teachings earlier this school year. This <u>new learning</u> is important because it offers us the opportunity to consider a widely followed faith that is not based upon the relationship between humanity and God but is rather focused on an understanding of human suffering and how to prevent it. By exploring the best way for a Buddhist to lead a good life, we can consider similarities with other faiths and learn to reflect on our own lives.

This will help us get ready for <u>future learning</u> about Buddhists' beliefs in practice. It also prepares us for learning about other faiths in Y5/6.

Important questions to answer:

- How do we know what makes a 'good choice'?
- What is the 8-fold path and what does it mean for Buddhists?
- How difficult is it to make sure you never harm anyone or anything?
- How can Buddhists lead a good life in different jobs?
- What does my own path of guidance look like?

	Experiences we will have:		
	 Make a concertina book to illustrate the 8-fold path Models/poems/paintings to represent my own version of the Eightfold path 		
Things we need to know:			
	• To know that having an awareness of consequences helps us to make 'good choices'		
	 To know that the Buddha said that there are eight practices people can choose to do to help them lead good lives 		
	 To know that if you lead your life guided by the Noble Eightfold path, you will not harm anyone or anything 		
	• To know the links between the Eighfold path, Buddha's teachings and 'Right Living (job)'		
	 To know what guidance we would want people to live by so that no harm comes to any living thing 		
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Skills we need to learn:			
	 I can discuss what helps us to make the choices we make I can explain the eight practices of the Eightfold path I can evaluate consequences of different choices I can compare different jobs and how they link with the Eightfold path I can express my own version of the Eightfold path in a creative way 		
Subject Specific Vocabulary:			
F	positive	consequences	Right Concentration
	sensitive	decisions	Right Action
	respect	Right Viewpoint	Right Thought

Right Awareness

Right Speech

Right Effort

Right Living

R

Noble Eightfold path

meditation

30