## Y3/4 RE: The Life of the Buddha



# Why are we learning about the Life of the Buddha? 📽

We are <u>building on</u> all our previous learning about other world religions to help us with our understanding when learning about a new faith.

This <u>new learning</u> is important because Buddhism is the fourth largest world religion and is followed in many Asian countries. Learning about Buddhism offers us the opportunity to consider a widely followed faith that is not based upon the relationship between humanity and God but is rather focused on an understanding of human suffering and how to prevent it.

This will help us get ready for <u>future learning</u> about Buddha's teachings exploring whether they can make the world a better place and the best way for a Buddhist to lead a good life. This learning also prepares us for learning about other faiths in Y5/6. This learning will also help us to be aware of our mental health in the future.

## Important questions to answer:

- What makes you happy?
- Does being rich always make people happy?
- Did all of Siddhartha's actions make him happy? Why/why not?
- What does being happy mean to Buddhists?
- Is it possible for everyone to be happy?

#### **Experiences we will have:**

- Listen to music to evoke feelings and memories of happiness
- Create a class mobile of happiness

#### Things we need to know:

- To know how to describe what if feels like to be really happy
- To know different ways that money can be used, including buying/doing things for ourselves and helping others
- To know that Siddhartha was shocked by seeing illness, old age and death, which led him to his journey to enlightenment
- To know that Buddhists believe that trying to lead a good life which helps other and does not hurt people of animals helps keep people happy
- To know our own ideas for how people may help themselves to be happy

### Skills we need to learn:

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- I can recall a time I was really happy and how it felt
- I can categorise ideas for how to spend lots of money
- I can sequence events of the story of Siddhartha and reflect on which of them made him happy

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- I can explain what the Buddha realised under the Bodhi tree
- I can express my own beliefs about whether helping others to be happy could help me to be happy

Subject Specific Vocabulary:		
Bodh Gaya	Channa	interpretation
Bodhi tree	enlightenment	meditate
Buddha	guru	Siddhartha
Buddhism	holy man	suffering