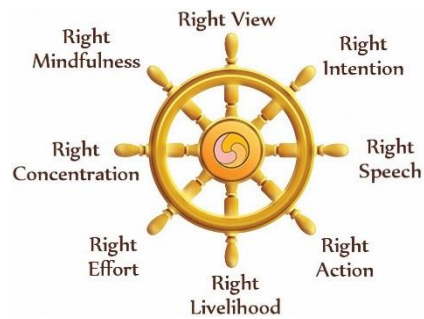


Year 4/5 RE: Buddhism – What is the best way for a Buddhist to lead a good life?



Why are we learning about the Eightfold path?

We are **building on all our previous learning** about other world religions to help us with our understanding of Buddhism. We are also building on our learning about the Life of Buddha and Buddha's teachings earlier this school year.

This **new learning is important because** it offers us the opportunity to consider a widely followed faith that is not based upon the relationship between humanity and God but is rather focused on an understanding of human suffering and how to prevent it. By exploring the best way for a Buddhist to lead a good life, we can consider similarities with other faiths and learn to reflect on our own lives.

This **will help us get ready for future learning** about Buddhists' beliefs in practice. It also prepares us for learning about other faiths in Y5/6.

Important questions to answer:

- What do we mean by a 'good choice'?
- What is the 8-fold path and what does it mean for Buddhists?
- How difficult is it to make sure you never harm anyone or anything?
- How can Buddhists lead a good life in different jobs?

Experiences we will have:

- Make a concertina book to illustrate the 8-fold path
- Role play to show the impact of making 'good choices'

Things we need to know:

- To know that having an awareness of consequences helps us to make 'good choices'
- To know that the Buddha said that there are eight practices people can choose to do to make the world better for everyone and everything
- To know that if you lead your life guided by the Noble Eightfold path, you will not harm anyone or anything
- To know the links between the Eightfold path, Buddha's teachings and 'Right Living (job)'

Skills we need to learn:

- I can discuss what helps us to make the choices we make
- I can explain the eight practices of the Eightfold path
- I can evaluate consequences of different choices
- I can compare different jobs and how they link with the Eightfold path

Subject Specific Vocabulary:

consequences	respect	Right Viewpoint
decisions	Right Action	Right Effort
meditation	Right Awareness	Right Living
Noble Eightfold path	Right Concentration	Right Thought
positive	Right Speech	sensitive